When performing field work, employ the following good hygiene practices:

- Practice social distancing – stay 6’ away from other people. If possible, avoid use of shared site/job trailers. If shared spaces need to be utilized see Field Trailer Cleaning and Disinfection Guide.
- If you can, bring your own food to the site and avoid restaurants and food trucks to reduce potential exposure pathways.
- Cover your mouth when you cough or sneeze by using a tissue that you immediately discard into a waste container or cough or sneeze into the inside of your elbow.
- Wash your hands routinely with each change of glove or use hand sanitizer with greater than 60% alcohol. Wash hands or use hand sanitizer after each time you cough or sneeze.
- If you are wearing gloves, remove them immediately after coughing or sneezing and discard in a waste receptacle.
- Avoid touching your face throughout the day.
- Do not insert single use ear plugs with gloves on. Disinfect hands and then insert ear plugs.
- Do not come to work or to the site if you are sick or exhibiting any symptoms of COVID-19.
- If another person on site does come into work or to the site sick, isolate them, and send them home if H&A is the controlling employer. If H&A is not the controlling employer, isolate yourself from the person, and inform the controlling employer accordingly.
- Carry disinfectant from the EPA list with you and wipe down surfaces you touch prior to starting work and routinely throughout the day, including rental cars and hotel spaces as appropriate.
- Clean and disinfect all supplies (pens, clipboards, etc.), tablets, cellphones, reusable equipment (meters, pumps, etc.), and non-disposable PPE (hardhats, safety glasses, earmuffs) at the end of each day.
- Do not reuse single use PPE such as ear-plugs and nitrile gloves.

- Change and discard gloves routinely and after each time you cough or sneeze (see Fact Sheet, Glove Removal).
- Wash hands or use hand sanitizer with more than 60% alcohol immediately after removing gloves.
- Avoid touching your face (eyes, nose, mouth), even when wearing gloves

https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2
Use PPE, specifically use nitrile gloves, to prevent contact with germs on surfaces.

Remove gloves carefully to prevent contamination and dispose in a waste container.